SWADHARMA BULLETIN

July 2021

Swadharma 9 is in its full swing and we bring you a glimpse of all that is happening in the July 2021 Newsletter.

Abhinaya captures the spirit of Swadharama - bright, colourful, diverse, glittering, and full of life in this beautiful painting.

SWADHARMA 9 - THE TRIBE

Swadharma 9 batch during the week 3 sharing circle, sharing their challenges, breakthroughs & insights - in the thick of their adventure of finding their true calling

To know who these seekers are and their aspirations for joining Swadharma, watch the Participant Profiles video below

MEET YOUR TRIBE

WHAT'S HAPPENING IN SWADHARMA 9

The process of porting the rich experience Swadharma to the online space has been a mammoth effort and an incredibly transformative experience for its participants - with high levels of engagement each day.

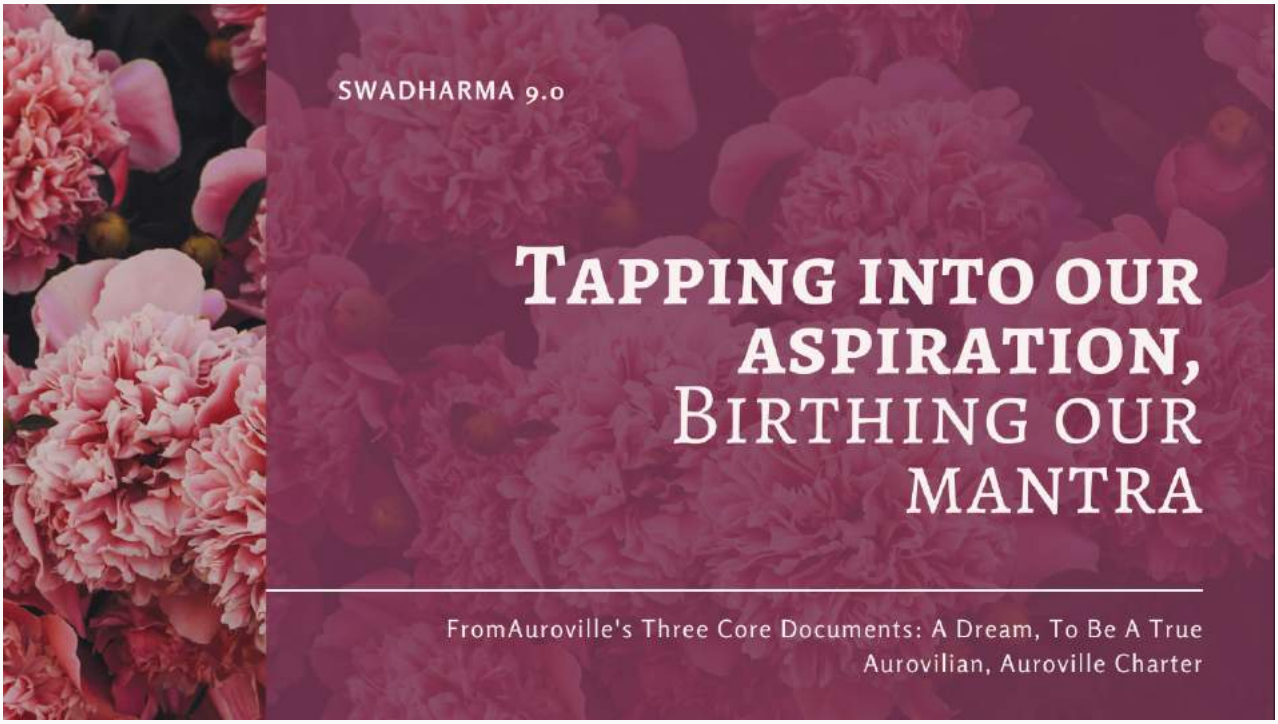
The entire course was run on an online learning management system (LMS) called Pupilfirst.

With more than 1000 submissions across different activities on the LMS and rich individual feedback for the submissions, Swadharma 9 has kept the participants in the fire of transformation.

The young seekers are currently executing their incredibly creative microprojects currently with workshops, webinars and so much more. Here is a sneak peek into a few moments from Swadharma 9..

WHAT'S HAPPENING IN SWADHARMA 9

There were many tasks & fun assignments of the day to tap into the power of action & collective aspiration. These are video compilations of the participants' sharings .



INSPIRED ASPIRATIONS

This first video is a compilation of the students painting their deepest aspiration after going through the three core documents of Auroville - A Dream, To Be A True Aurovillian and Auroville Charter

Enjoy these beautiful paintings!

WHAT'S HAPPENING IN SWADHARMA 9

WHAT MAKES YOU COME ALIVE

The Swadharma seekers were asked the question - What makes you come alive? What makes you feel that delight and joy of life? Where in their lives did they feel like their soul was speaking and something else took over?

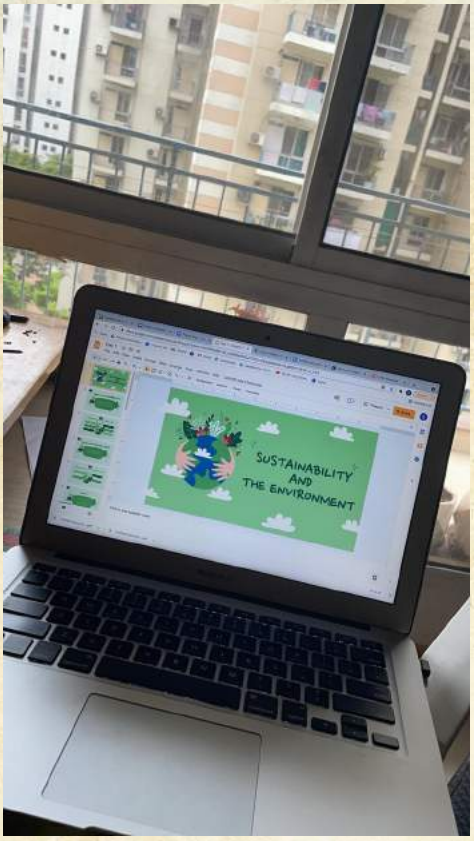
These were the responses - enjoy :)!

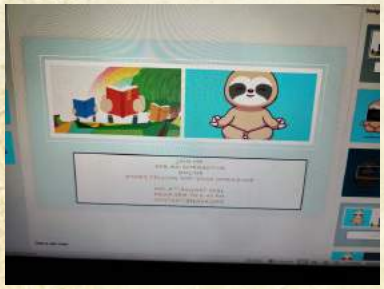
WHAT'S HAPPENING IN SWADHARMA 9

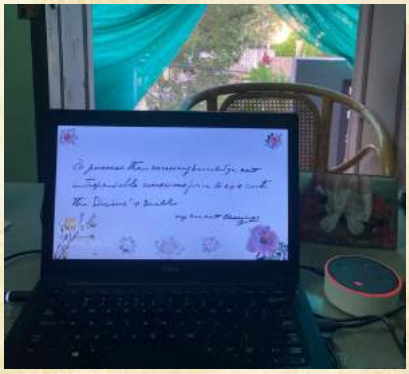
Journalling has always been one of the key anchors during the intense journey that is Swadharma. It's a recurring theme how it helps one get in touch with the deeper feelings, let go of difficult emotions, ground oneself and connect to one's higher self. Journalling is one of those powerful yet simple tools for our breakthroughs.

Here is a compilation of the journals our seekers picked up for this special journey :)

WHAT'S HAPPENING IN SWADHARMA 9







THE WORKSPACE

During the microproject phase of the Swadharma journey, the participants were asked to share a photo of their workspace - where the action happens and karmayoga unfolds.

These little little offerings from each participants adds to the fire of the collective energy of transformation. Even though the participants and the facilitators were at their homes - the live energy was concretely tangible. Everyday we met at the Soulspace instead of the usual physical space.

THE JUNIPER FESTIVAL BY SNEHA

Sneha, one of the Swadharma 9 participants, organized the first-ever online Ladakh Festival: The Juniper Festival from 1st - 3rd August 2021 over Zoom.

About 100 participants embarked on a journey of celebration of Ladakh from the comforts of their homes and uncovered the hidden mysteries of the land of Lamas. The event organized under the banner of Omniverse brought together several eminent personalities from Ladakh. The event was shared by Sonam Wangchuk, well known as the inventor of Ice Stupas and founder of Himalayan Institute of Alternatives, and by YouTubers "Abhi & Niyu".

THE JUNIPER FESTIVAL BY SNEHA

Sonam Wangchuk made an appearance on the last day of the festival, he spoke about folk storytelling in Ladakh and its special significance during the harsh winters.

A few pictures from the last day of the festival.

FINANCIAL LITERACY BY PRANAV AGARWAL

Pranav has taken up the charge of bringing Financial Literacy to all. Learn about money management and become financially literate, please join the video launch at 8:15 pm IST, August 4, 2021. Please register yourself with the following link.

https://us02web.zoom.us/meeting/register/tZYrd-ChpzMiGtXTd2lFfrW3FX6MWOcGRn2Q

Financial literacy brings you one step closer to a wealthy future.

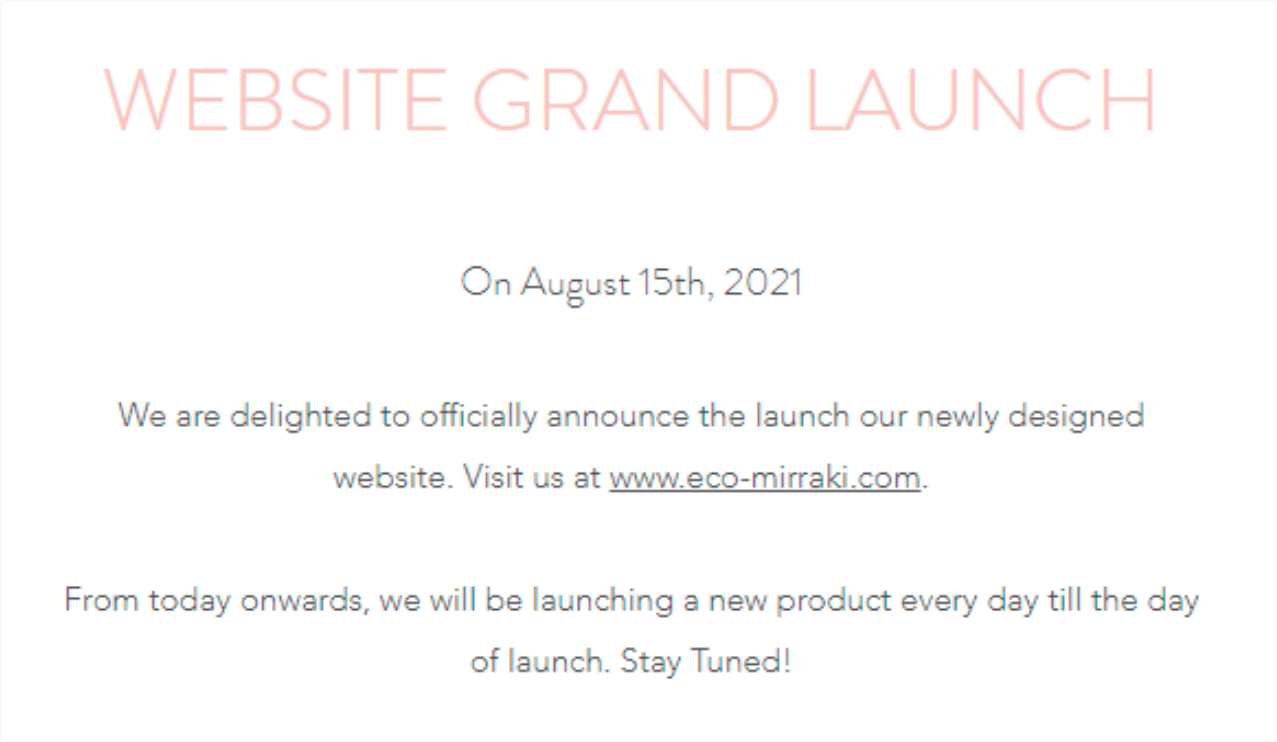
TEAM MANAGER LAUNCHPAD BY KARTHIK

Learn 'How To Become An Effective Team Manager', click on this link https://imjo.in/W8q8Rg or scan the QR code for an introductory price of ₹99/- valid until Aug 15th

COLLECTIVE DIALOG ON HOUSEHOLD WASTE MANAGEMENT BY NAMITA

Have you been concerned about the waste that our species is generating but do not know where to begin? Join Namita for a collective dialog on household waste management on August 4, 6:30 PM IST. Register now: https://forms.gle/mTk1XmL9bdT6WhJ68

ECO-MIRRAKI WEBSITE LAUNCH BY CHAITANYA



Chaitanya is launching an Online Gift Box Store for those who want to help save the planet from plastic while spreading love in this world in a more responsible, conscious, and beautiful way.

Visit: www.eco-mirraki.com

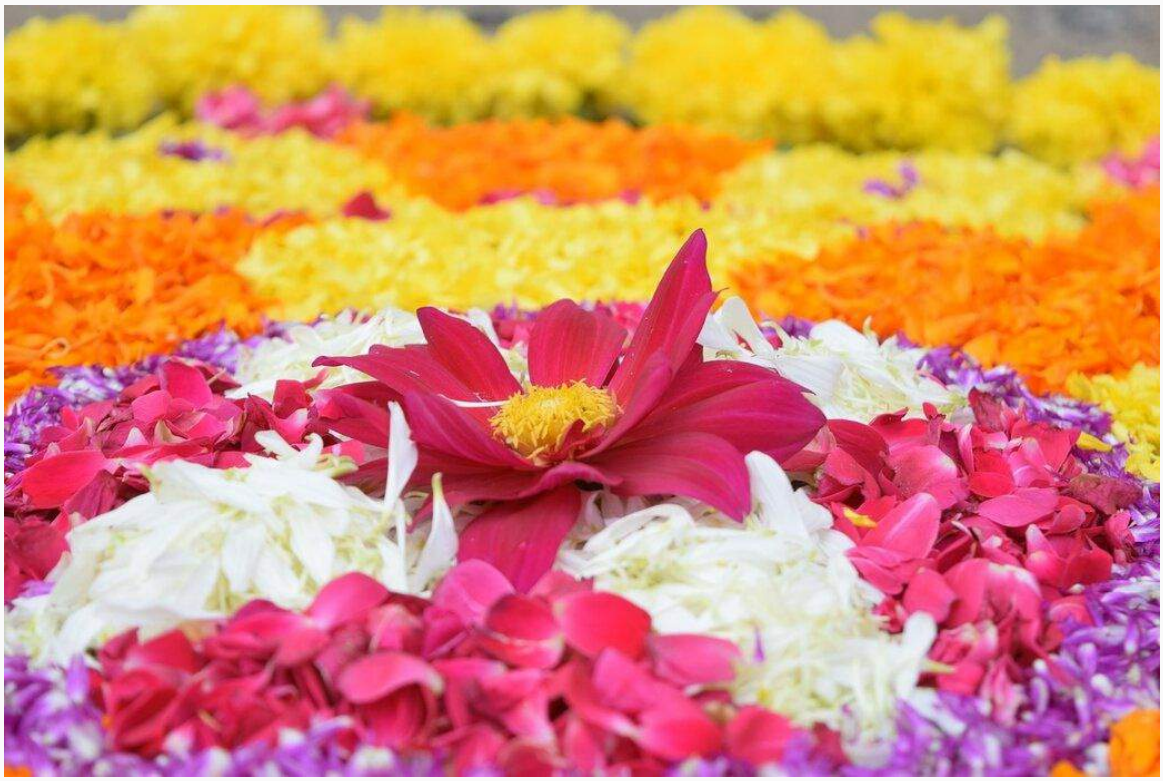
Stay tuned for the complete story on Swardharma 9 in August edition of the newsletter.

MATRIMANDIR BY LALIT

Our dear Lalit who has a passion for photography, took these beautiful shots of the Matrimandir, sharing the beauty and inspiration of Auroville with the Swadharma 9 seekers who were deep into their micro-projects. Enjoy!

MATRIMANDIR BY LALIT

INTEGRAL EDUCATION PORTAL'S FIRST BIRTHDAY



Integral Education was developed by the Mother and Sri Aurobindo to prepare humanity for an evolutionary transformation to embody a divine consciousness and divine life upon earth. We are forming a community of integral education practitioners to learn from each other and grow together. This is the Integral Education Portal. Join us if you are inspired!

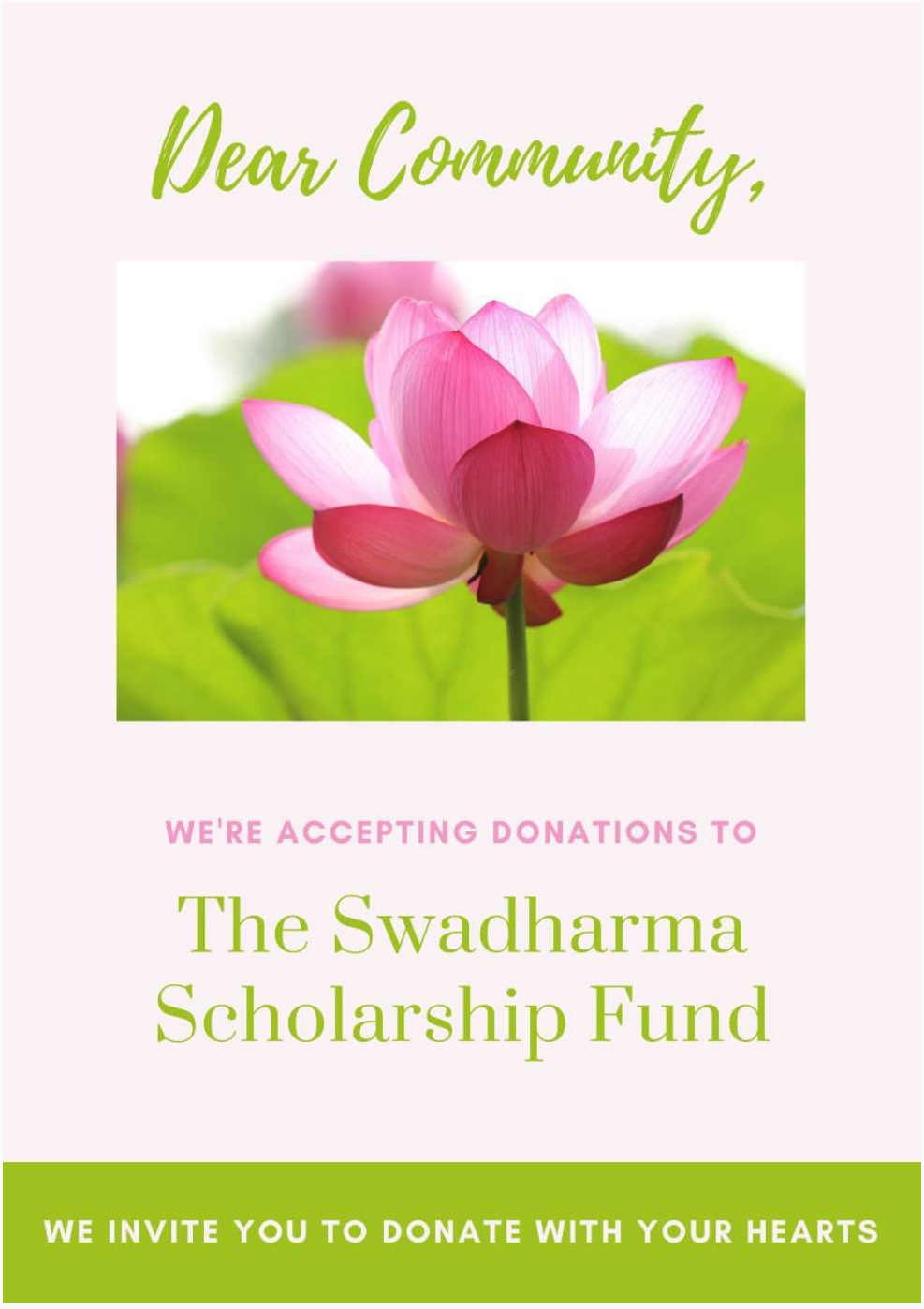
For the past year, from August 15th, 2020, each month was dedicated to a particular theme or topic. We shared content twice a week - a short and sweet descriptive text along with a video on the topic was shared on Mondays, and a Practice of the Week was shared on Thursdays for readers to experience the essence of the topic. The content shared is in simple words that can be understood by all and takes less than ten minutes to consume.

INTEGRAL EDUCATION PORTAL'S FIRST BIRTHDAY

The Integral Education Portal was born on August 15th, 2020, which coincides with India's Independence Day and Sri Aurobindo's birthday. As we complete a year, we would like to share a snapshot of each topic that was covered. From August 1st, 2021 to August 15th, 2021 we are sharing one summary each day, which briefly touches on the key points of one topic that was covered.

Please do read, reflect, feel and share your experiences and practices that have worked for you. Click here to read the newsletter. Stay tuned for the first summary on Gratitude, which releases on Monday, 3rd August, 2021.

INVITING CONTRIBUTIONS TO THE SWADHARMA SCHOLARSHIP FUND



INVITING CONTRIBUTIONS TO THE SWADHARMA SCHOLARSHIP FUND

Dear Community,

The summer of the pandemic in 2020 turned out to be a magical experience for many members of the Swadharma Alumni Community. We found ourselves seeking connection with what started as a small sharing circle and evolved into a full-fledged summer school formed to build on our knowledge of our Swadharmas and explore the individual further.

The aspect of community and grace really came alive when the money through the voluntary donations to The Swadharma Scholarship Fund was able to fund the scholarship for one student from a not-so-privileged background to participate in Swadharma 9.

One year later, in the months of June-July 2021, The Summer School was offered to a larger community and friends of Swadharma with the theme of developing integrally. This small initiative is another drop in the ocean of activities that is sustained and ever-flowing by the actions and intentions of the members of the community; as we keep flaming in our hearts, the flame of collective progress.

It is with the same sincerity and intention that we invite you to contribute to The Swadharma Scholarship Fund.

INVITING CONTRIBUTIONS TO THE SWADHARMA SCHOLARSHIP FUND

The Fund has the potential to become an alive, thriving medium that enables an individual to open themselves to the possibility of becoming their best selves, in an environment that provides a fertile ground for transformation. Rs. 10 or Rs. 10000 does not matter, and there is no suggested range, as it is the spirit of offering that matters the most.

Voluntary contribution details are as follows:
https://donations.auroville.org/purnam

One can donate using the link above [] The donations collected last year were able to help a participant in Swadharma 9. Let us aspire to do the same for future participants of Swadharma 10.

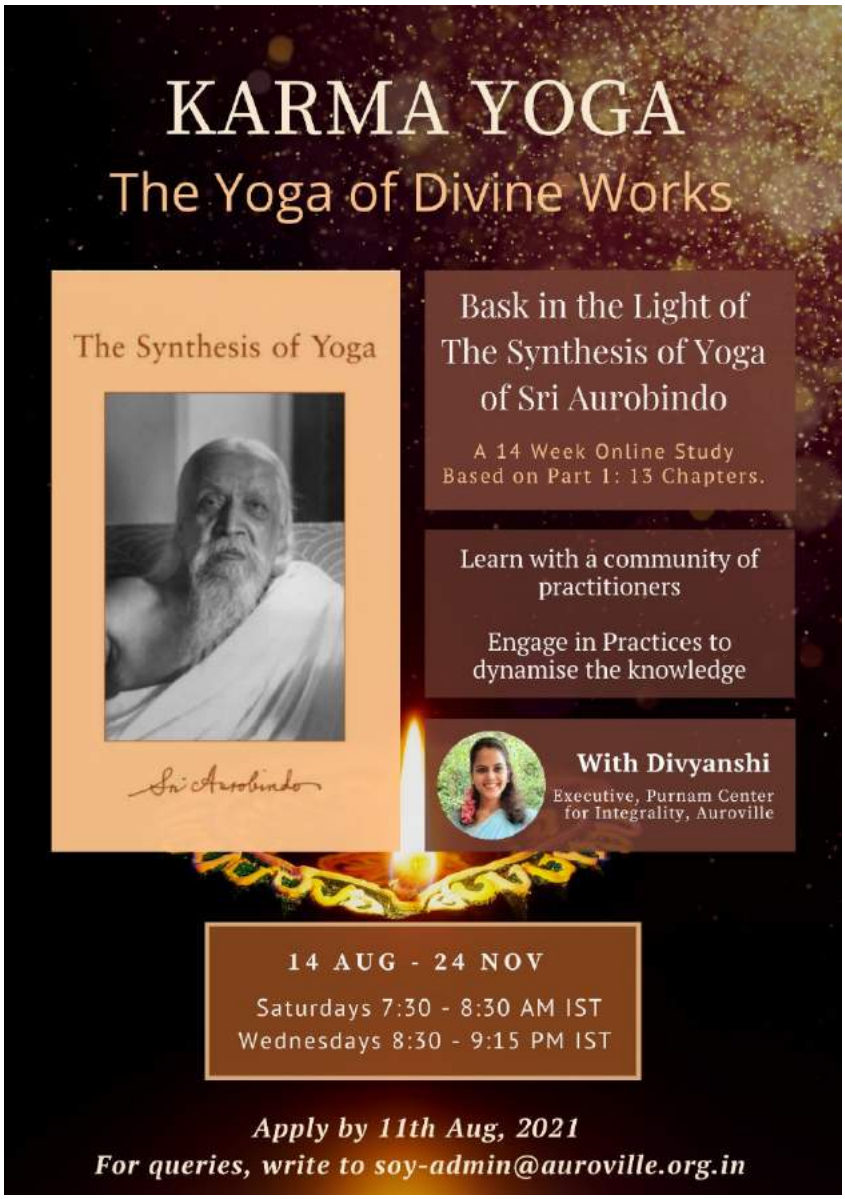
We aim to raise 1-2 scholarships by the 15th of August, that is the birthday of Sri Aurobindo to continue the ritual to honor the donations, just like we did the last year. There is no deadline to contribute, overall. However, we aspire to reach a substantial mark by then to make the transaction on 15th August as our sacred collective offering.

SWADHARMA SHARING CIRCLES

The sharing circles at Swadharma are something that one never forgets - the space to be truly ourselves, without masks - sharing authentically, vulnerably and from the heart. The healing and connection that happens from these circles is truly powerful. We are thrilled to say that we are now restarting the Swadharma Sharing Circles!

We invite all Swadharmis to Swadharma Sharing Circles being hosted by Nikhil starting 15th August 6.30 - 7.30 pm. The zoom link for the virtual meet will be shared on the Swadharma google group and WhatsApp group, and you can reach out to Nikhil on nikhilofficial21@gmail.com for any queries.

KARMA YOGA, THE YOGA OF DIVINE WORKS



Come, join us, for a 14 weeks deep study and practice of "**The Yoga of Divine Works**" from Sri Aurobindo's **Synthesis of Yoga**. From the comfort of your homes, login and bask in the light and the conscious-force of Sri Aurobindo with a community of practitioners spread worldwide.

Facilitated by Divyanshi from Purnam Centre for Integrality, Auroville in collaboration with her Synthesis of Yoga sangha, we are happy to offer this to anyone aspiring to read Sri Aurobindo, and delve deeper in the yoga of divine works from **14 Aug - 24 Nov, 2021, Saturdays 7:30 - 8:30 AM**. Apply now: https://bit.ly/3ic4vXG

SHARE YOUR JOURNEY WITH US!

Share with the tribe

We invite you to share with us **Your Learning Journey**, for the Swadharma Blog. Be it your experiences, musings, practices, or breakthroughs, we would love to feature your story. You can share, in the form of articles, poems, photographs, music, art-work, etc whatever you feel is the best way for you to express. General word limit is 500 words. **Share from your heart!**

We would also love to know about your **Initiatives** and the milestones in your journey. Whether it is a new project, website, collaborations, new experiments, ventures or an initiative, share with your tribe.

Write to: swadharmablog@auroville.org.in

Thank you! Swadharma Blog Team