
One Day
All India Magazine
January 2016

*Editorial Note: The Mother declared that the Supermind has manifested upon Earth on the 29th Feb 1956. Since then a New Consciousness is active upon Earth initiating a new cycle of evolution that will eventually carry humanity beyond the Mind to the Supramental being. This victory of the Divine upon Earth has been foreseen and foretold in different spiritual traditions of the past. Sri Aurobindo and the Mother have not only revealed this future but also secured it for the Earth and the human race. They have also shown us the way to be followed towards this much awaited divine fulfillment of life and creation. For this month we have selected few such passages from the divinely mantric poem* Savitri *that indicate this future dawning upon our human Night.*

*The theme of this month is 'One Day' that signifies an aspiration for the day when we shall witness the fullness of the Supramental Manifestation that has already begun.*

*Each month also carries the picture of a flower named by the Mother after the Supramental Consciousness. Out of the nearly 900 flowers thus named by the Mother giving their spiritual significance, 60 are named after the Supermind. The cover page is the picture of a sunflower garden blooming under the Sun.*

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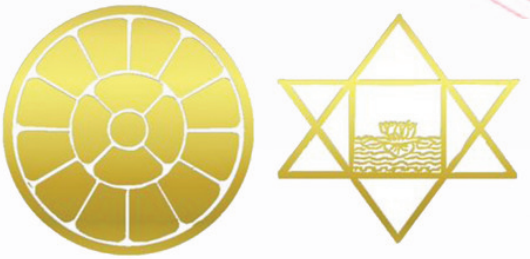
**Flower on the Cover:**

**Consciousness turned towards the Supramental Light**

*It thirsts for truth and will find its satisfaction only in the truth.*
*(Spiritual name and significance given by the Mother)*
Botanical name: Helianthus, common name: Sunflower

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## One Day

*The Little More*

One day, and all the half-dead is done,
One day, and all the unborn begun;
A little path and the great goal,
A touch that brings the divine whole.

Hill after hill was climbed and now,
Behold, the last tremendous brow
And the great rock that none has trod:
A step, and all is sky and God.

Collected Poems, CWSA 2: 542

**Sri Aurobindo**



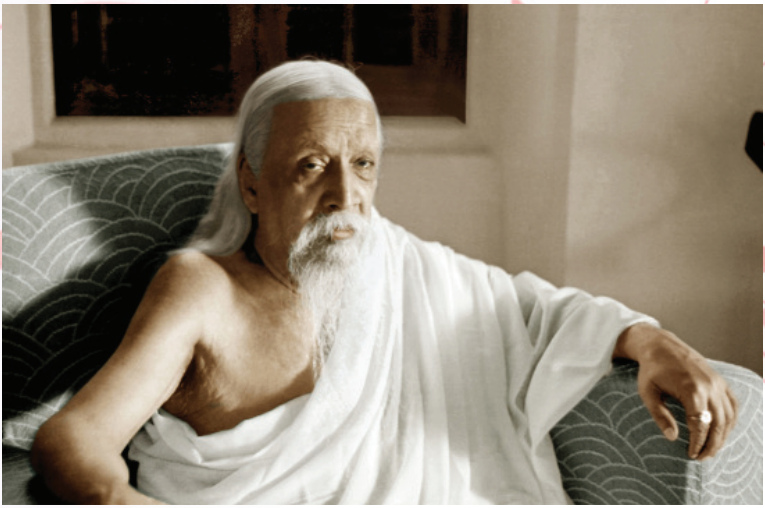
## Supramental Manifestation

*It will be welcome.*

*Botanical name:* Scadoxus multiflorus [Haemanthns multiflorus]

**January 2016**

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| 31 | | | | | | |



A giant dance of Shiva tore the past;....
I saw the Omnipotent's flaming pioneers
Over the heavenly verge which turns towards life
Come crowding down the amber stairs of birth;
Forerunners of a divine multitude,
Out of the paths of the morning star they came
Into the little room of mortal life.
I saw them cross the twilight of an age,
The sun-eyed children of a marvellous dawn,
The great creators with wide brows of calm,
The massive barrier-breakers of the world
And wrestlers with destiny in her lists of will,
The labourers in the quarries of the gods,
The messengers of the Incommunicable,
The architects of immortality....

Their tread one day shall change the suffering earth
And justify the light on Nature's face.



## Supramental Bird

*It remains where it has descended.*

*Botanical name:* Strelitzia reginae,
(Bird of paradise, Crane flower)

February
2016

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All Nature dumbly calls to her alone
To heal with her feet the aching throb of life
And break the seals on the dim soul of man
And kindle her fire in the closed heart of things.
All here shall be one day her sweetness' home,
All contraries prepare her harmony;
Towards her our knowledge climbs, our passion gropes;
In her miraculous rapture we shall dwell,
Her clasp shall turn to ecstasy our pain.
Our self shall be one self with all through her.
In her confirmed because transformed in her,
Our life shall find in its fulfilled response
Above, the boundless hushed beatitudes,
Below, the wonder of the embrace divine.



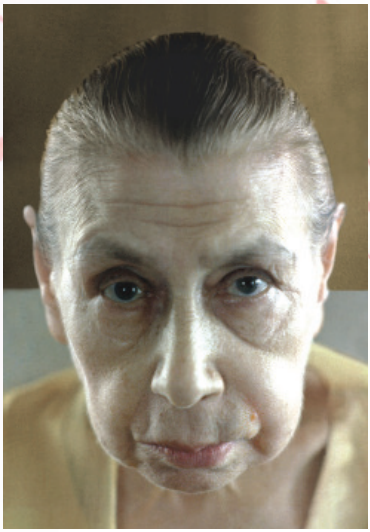
## Aspiration in Physical for the Supramental Light

*Clustered, persistent, obstinate, organised, methodical.*

*Botanical name:* Ixora javanica [Ixora singaporensis]

**March 2016**

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"Madonna of suffering, Mother of grief divine,
Thou art a portion of my soul put forth
To bear the unbearable sorrow of the world.
Because thou art, men yield not to their doom,
But ask for happiness and strive with fate;
Because thou art, the wretched still can hope.
But thine is the power to solace, not to save.
One day I will return, a bringer of strength,
And make thee drink from the Eternal's cup;
His streams of force shall triumph in thy limbs
And Wisdom's calm control thy passionate heart.
Thy love shall be the bond of humankind,
Compassion the bright key of Nature's acts:
Misery shall pass abolished from the earth;
The world shall be freed from the anger of the Beast,
From the cruelty of the Titan and his pain.
There shall be peace and joy for ever more."



## Supramental Riches

*Riches that are at the disposal of the supramental being and still unknown to man.*

*Botanical name:* Selenicereus

**April 2016**

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"Madonna of might, Mother of works and force, ...

One day I will return, a bringer of light;
Then will I give to thee the mirror of God;
Thou shalt see self and world as by him they are seen
Reflected in the bright pool of thy soul.
Thy wisdom shall be vast as vast thy power.
Then hate shall dwell no more in human hearts,
And fear and weakness shall desert men's lives,
The cry of the ego shall be hushed within,
Its lion roar that claims the world as food,
All shall be might and bliss and happy force."



## Intensity of the Consciousness in the Full Supramental Light

*It is radiant and shining in order to illuminate the world.*

*Botanical name:* Helianthus, *Common name:* Sunflower

May 2016

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"Madonna of light, Mother of joy and peace,...

Because thou art, the soul draws near to God;
Because thou art, love grows in spite of hate
And knowledge walks unslain in the pit of Night....

Even if thou rain down intuition's rays,
The mind of man will think it earth's own gleam,
His spirit by spiritual ego sink,
Or his soul dream shut in sainthood's brilliant cell
Where only a bright shadow of God can come.
His hunger for the eternal thou must nurse
And fill his yearning heart with heaven's fire
And bring God down into his body and life.
One day I will return, His hand in mine,
And thou shalt see the face of the Absolute.
Then shall the holy marriage be achieved,
Then shall the divine family be born.
There shall be light and peace in all the worlds."



## Supramental Sun

*We aspire that its rays may illumine and transform us.*

*Botanical name*: Anthocephalus cadamba *Common name* : Kadam tree

**June 2016**

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But more there is concealed in God's Beyond
That shall one day reveal its hidden face. ...

Mind is not all his tireless climb can reach,
There is a fire on the apex of the worlds,
There is a house of the Eternal's light,
There is an infinite truth, an absolute power.
The Spirit's mightiness shall cast off its mask;
Its greatness shall be felt shaping the world's course:
It shall be seen in its own veilless beams,
A star rising from the Inconscient's night,
A sun climbing to Supernature's peak. ...

A few shall glimpse the miraculous Origin
And some shall feel in you the secret Force
And they shall turn to meet a nameless tread,
Adventurers into a mightier Day.
Ascending out of the limiting breadths of mind,
They shall discover the world's huge design
And step into the Truth, the Right, the Vast.



## Supramental Attachment for the Divine

*Manifold and smiling, repeating itself endlessly.*

*Botanical name:* Botanical Rosa (Rose)

**July 2016**

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While in his measured chant the heavenly seer
Spoke of the toils of men and what the gods
Strive for on earth, and joy that throbs behind
The marvel and the mystery of pain.
He sang to them of the lotus-heart of love
With all its thousand luminous buds of truth,
Which quivering sleeps veiled by apparent things.
It trembles at each touch, it strives to wake
And one day it shall hear a blissful voice
And in the garden of the Spouse shall bloom
When she is seized by her discovered lord.
A mighty shuddering coil of ecstasy
Crept through the deep heart of the universe.
Out of her Matter's stupor, her mind's dreams,
She woke, she looked upon God's unveiled face.



## Supramental Consciousness

*Gloriously awake and powerful. Luminous, sure of itself, infallible in its movements.*

*Botanical name:* Hibiscus rosa-sinensis

**August**

**2016**

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One who has shaped this world is ever its lord:
Our errors are his steps upon the way;
He works through the fierce vicissitudes of our lives,
He works through the hard breath of battle and toil,
He works through our sins and sorrows and our tears,
His knowledge overrules our nescience;
Whatever the appearance we must bear,
Whatever our strong ills and present fate,
When nothing we can see but drift and bale,
A mighty Guidance leads us still through all.
After we have served this great divided world
God's bliss and oneness are our inborn right.
A date is fixed in the calendar of the Unknown,
An anniversary of the Birth sublime:
Our soul shall justify its chequered walk,
All will come near that now is naught or far.
These calm and distant Mights shall act at last.



## Beauty of Supramental Love
**(Flower of Auroville)**

*It invites us to live at its height*

*Botanical name:* Hibiscus rosa-sinensis

**September 2016**

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One day the Face must burn out through the mask.
Our ignorance is Wisdom's chrysalis,
Our error weds new knowledge on its way,
Its darkness is a blackened knot of light;
Thought dances hand in hand with Nescience
On the grey road that winds towards the Sun. ...

A fire shall come out of the infinitudes,
A greater Gnosis shall regard the world
Crossing out of some far omniscience
On lustrous seas from the still rapt Alone
To illumine the deep heart of self and things.
A timeless knowledge it shall bring to Mind,
Its aim to life, to Ignorance its close.



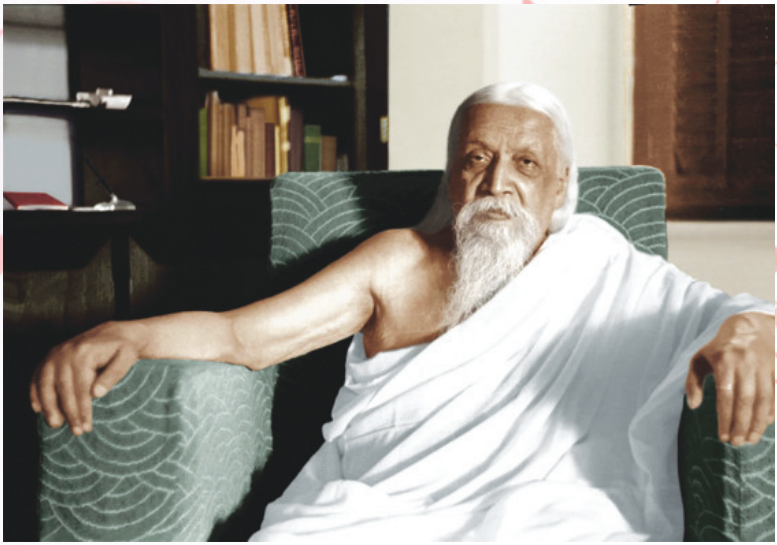
## Supramentalised Psychological Perfection

*A psychological perfection aspiring to be Divinised.*

*Botanical name*: Michelia champaca

October 2016

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| 30 | 31 | | | | | |



"Oh, surely one day he shall come to our cry,
One day he shall create our life anew
And utter the magic formula of peace
And bring perfection to the scheme of things.
One day he shall descend to life and earth,
Leaving the secrecy of the eternal doors,
Into a world that cries to him for help,
And bring the truth that sets the spirit free,
The joy that is the baptism of the soul,
The strength that is the outstretched arm of Love.
One day he shall lift his beauty's dreadful veil,
Impose delight on the world's beating heart
And bare his secret body of light and bliss."



## Supramental Immortality upon Earth

*This still remains to be realised.*

*Botanical name:* Helichrysum bracteatum

**November**
**2016**

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One day I shall behold my great sweet world
Put off the dire disguises of the gods,
Unveil from terror and disrobe from sin.
Appeased we shall draw near our mother's face,
We shall cast our candid souls upon her lap;
Then shall we clasp the ecstasy we chase,
Then shall we shudder with the long-sought god,
Then shall we find Heaven's unexpected strain.
Not only is there hope for godheads pure;
The violent and darkened deities
Leaped down from the one breast in rage to find
What the white gods had missed: they too are safe;
A mother's eyes are on them and her arms
Stretched out in love desire her rebel sons.



## Supramental Action

*An action that is not exclusive but total.*

*Botanical name:* Barringtonia asiatica

**December 2016**

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| 25 | 26 | 27 | 28 | 29 | 30 | 31 |



"Live, Death, awhile, be still my instrument
One day man too shall know thy fathomless heart
Of silence and the brooding peace of Night
And grave obedience to eternal Law
And the calm inflexible pity in thy gaze.
But now, O timeless Mightiness, stand aside
And leave the path of my incarnate Force.
Relieve the radiant God from thy black mask:
Release the soul of the world called Satyavan
Freed from thy clutch of pain and ignorance
That he may stand master of life and fate,
Man's representative in the house of God,
The mate of Wisdom and the spouse of Light,
The eternal bridegroom of the eternal bride."



*Q: I am trying to sit in concentration [in Bombay], but I am unable to do anything except offering pranams to the Mother. Am I proceeding correctly?*

**Write to him that what he is doing is quite right. While making the Pranam he should aspire to be open to the Mother's influence and her workings in him and to become conscious of her workings.**

CWSA 32: 566-67

**Sri Aurobindo**

## Darshan Days

In the days when Sri Aurobindo used to give Darshan, before he gave it there was always a concentration of certain forces or of a certain realisation which he wanted to give to people. And so each Darshan marked a stage forward; each time something was added. But that was at a time when the number of visitors was very limited. It was organised in another way, and it was part of the necessary preparation.

But this special concentration, now, occurs at other times, not particularly on Darshan days. And it occurs much more often, on other kinds of occasions, in other circumstances. The movement is much accelerated, the march forward, the stages succeed each other much more rapidly. And perhaps it is more difficult to follow; or in any case, if one doesn't take care to keep up, one is much more quickly out-distanced than before; one gets the feeling of being late or of being abandoned. Things change quickly.

> Q: *But Mother, what is the significance of the message you give every Darshan? For example, today you gave the picture of the flower that symbolises the supramental manifestation.*

Yes, as I have just told you, this is spread in thousands of copies all over the world. It is an externalisation of the thing, it is a way of spreading the influence, spreading the message, reaching farther. Everything that is said in a Darshan message has been studied, proved, tested, beforehand. And on Darshan day it is given. First the experiment is made, then it is declared publicly. The first movement is the individual development; at the Darshan time it is spread abroad.

CWM 8:263

*

… on these occasions (Darshan Days), after having had the joy of receiving Sri Aurobindo's blessing, it is better to remain concentrated and to keep one's joy locked inside oneself rather than to throw it out by mixing and talking with others. The experiences we talk about evaporate and we lose the benefit they could have brought us.

CWM 16: 86 - 87

*Q: Sweet Mother, How should I prepare myself for the April 24th Darshan?*

Look attentively into yourself to find out what for you is the most important thing, the thing you feel that you couldn't do without.

It is an interesting discovery.

CWM 16: 334

*Q: Sweet Mother, How should one spend the Darshan days, December fifth and ninth, and one's birthday?*

In search of a knowledge truer than ordinary knowledge.

The fifth and ninth in understanding what death is.

The birthday in finding out the purpose of life.

Blessings.

CWM 16: 415 **The Mother**

*Q: Someone told me that only ten days were left for the August 15th Darshan. I replied that every day should be considered as the 15th.*

That is the right attitude. Every day should be regarded as a day when a descent may take place or a contact established with the higher consciousness. Then the 15th itself would be more successful.

*

As to the 15th August, well, don't lay too much stress on it which is after all more a general than a personal occasion — for the individual any day in the year may be the 15th —that is, the birthday or a birthday of something in the inner being. It is with that feeling that one should do the sadhana.

CWSA 35: 523

It very often happens that when the Darshan day is approaching the adverse Forces gather themselves for an attack individually or generally in order to prevent what has to be individually received from being received and what has to be generally brought down from being brought down. Also very often there is a strong attack after the darshan day because they want to undo what has been done or else to stop it from going farther. But as far as the individual is concerned, there is no need of undergoing this attack; if one is conscious of its nature, one can react and throw it away. Or if it still presses one can keep one's will and faith firm and come out of the temporary obstacle with a greater opening and a new progress. ...

CWSA 35: 525

The best way for Darshan is to keep oneself very collected and quiet and open to receive whatever the Mother gives.

CWSA 32: 569 **Sri Aurobindo**

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All references to the quotations in the calendar pages are from Sri Aurobindo's epic poem *Savitri,* except where mentioned otherwise. The page numbers of *Savitri* are given below in order of appearance month-wise.

Page 5: 343-44; Page 7: 314-15; Page 9: 507-08; Page 11: 513-14; Page 13: 520; Page 15: 704; Page 17: 417-18; Page 19: 59; Page 21: 257-58; Page 23: 200; Page 25: 613; Page 27: 666.

## A New Year Meditation

Every moment all the unforeseen, the unexpected, the unknown is before us, every moment the universe is created anew in its entirety and in every one of its parts. And if we had a truly living faith, if we had the absolute certitude of Thy omnipotence and Thy sole reality, Thy manifestation could at each moment become so evident that the whole universe would be transformed by it. But we are so enslaved to everything that is around us and has gone before us, we are so influenced by the whole totality of manifested things, and our faith is so weak that we are yet unable to serve as intermediaries for the great miracle of transfiguration. . . .

But, Lord, I know that it will come one day. I know that a day will come when Thou wilt transform all those who come to us; Thou wilt transform them so radically that, liberated completely from the bonds of the past, they will begin to live in Thee an entirely new life, a life made solely of Thee, with Thee as its sovereign Lord. And in this way all anxieties will be transformed into serenity, all anguish into peace, all doubts into certainties, all ugliness into harmony, all egoism into self-giving, all darkness into light and all suffering into immutable happiness.

But art Thou not already performing this beautiful miracle? I see it flowering everywhere around us!

O divine law of beauty and love, supreme liberator, there is no obstacle to Thy power. Only our own blindness deprives us of the comforting sight of Thy constant victory.

My heart sings a hymn of gladness and my thought is illumined with joy.

Thy transcendent and marvellous love is the sovereign Master of the world.

CWM 1: 54 - 55

**The Mother**

## Special Dates for 2016

| | |
|---|---|
| 1st Jan | : Bonne Annee. New Year Day |
| 21st Feb | : The Mother's 138th Birthday |
| 28th Feb | : Auroville's 48th birthday |
| 29th Feb | : The 15th Anniversary (every four years) of the Supramental Descent |
| 29th March | : 102nd Anniversary of the Mother's First arrival to Pondicherry and Her meeting Sri Aurobindo. |
| 4th April | : 106th anniversary of Sri Aurobindo's arrival to Pondicherry. |
| 24th April | : 96th anniversary of the Mother's final arrival. |
| 15th Aug | : Sri Aurobindo's 144th Birthday |
| 19th Sep | : 56th anniversary of the Sri Aurobindo Society |
| 17th Nov | : Mahasamadhi of the Mother |
| 20th Nov | : The Mother's Body laid to Rest. |
| 24th Nov | : Siddhi Day. Sri Krishna's descent in the physical. Birth of the Ashram in 1926. |
| 5th Dec | : Sri Aurobindo's Mahasamadhi |
| 9th Dec | : Sri Aurobindo's Body laid to Rest |

Special Darshan Day on 29 February 2016
— the Supramental Manifestation (the day of the Lord)

## The Four Darshan Days are:

**21 February**, the Mother's birthday (1878);
**24 April**, the Mother's final arrival to Pondicherry (1920);
**15 August**, Sri Aurobindo's birthday (1872);
**24 November,** Siddhi Day (Victory Day), the descent of Krishna, the Overmind Godhead, into the physical (1926).

## SABDA

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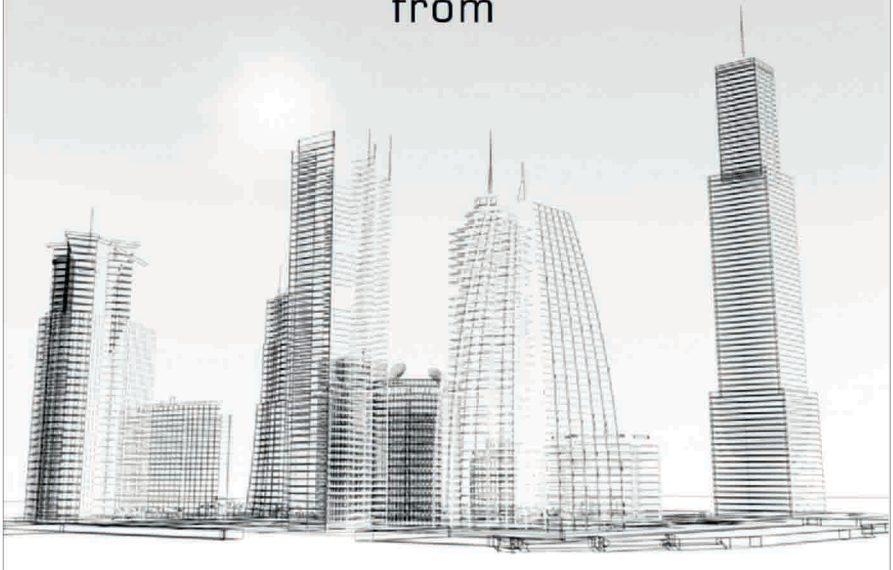
| TITLE | AUTHOR | PRICE |
|---|---|---|
| Introduction to the Gita | Sri Aurobindo | 70 |
| The Greatness of India and its Culture | Compiled by Chandra Prakash Khetan | sc 350; hc 450 |
| Meditations on Savitri — I | Compiled by Huta D. Hindocha | 1000 |
| Blessings of the Grace | Conversations with the Mother; recollected by Mona Sarkar | 170 |
| Sri Aurobindo: Selected Photos | Compiled by Michael Bonke | 1900 |
| A Pilgrimage to Sri Aurobindo | Amrita | 60 |
| Reminiscences | Nolini Kanta Gupta | 90 |
| The Vedic Age | Chandra Prakash Khetan | sc 375; hc 475 |
| Sri Aurobindo and the Logic of the Infinite | Rod Hemsell | 325 |
| Navaneeta – The Cream of Wisdom | Shah Shivjibhai Devshi | 70 |
| The English of Savitri | Shraddhavan | 500 |
| Veda of the Body | Alok Pandey | 450 |
| **DVDs** | | |
| The Divine Journey: Glimpses of the Mother's Life | Prepared by Sri Aurobindo Archives & Research Library | 175 |
| The Mother: Glimpses of Her Life | | 150 |
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